

Finally...someone who can show you “how to” feel stronger, be happier and be more productive regardless of your work circumstance.

Emotions Rule...So Rule Your Emotions

“PERSONAL ACHIEVEMENT MOVEMENT” HISTORY

60's	-Express Emotions: experiential, gestalt
70's	-Change Attitudes & Positive Thinking
80's	-New Age & Spiritualism
90's	-Family Systems – Childhood: John Bradshaw
2000	-Reality Approach: Just Do It! -- Dr. Laura Schlessinger & Dr. Phil McGraw
NOW	-Integrated Approach: Thinking, Feeling and Action -- Daniel Rutley, Psychotherapist & Speaker Authority in Emotional Control – Peak Performance



“Painful emotions can get us to betray our better judgment. Positive emotions can get us to achieve beyond our wildest dreams.”

Daniel Rutley

Daniel Rutley has a unique approach to being more productive, happier and obtaining a life of peak fulfillment both at home and in the workplace. Dan teaches people a specific step-by-step method of gaining better emotional control that leads to one feeling stronger, happier which leads to a more productive and fulfilling life.

An integrated approach, thinking, feelings and behavior affect each other. *Thinking* primarily influences our feelings and *feelings* largely determine the choices we make. Daniel Rutley provides something we were never taught at home or in school: a systematic approach of “how to” control our emotions. With his simple method you can:

- Overcome emotional and practical problems more readily
- Develop greater confidence and being more productive
- Establishing stronger business relationships
- Overcome procrastination, fears, anxiety and anger / arguing
- Be happier and more fulfilled...making better decisions overall

About Daniel Rutley:

For over two decades, Daniel Rutley has used a warm, direct and straightforward approach in his private practice, lectures and seminars. He focuses on providing a systematic method to solving our most common emotional, relationship and behavioral problems in both the workplace and at home.

A lifetime study of understanding people, Dan loves the “ologies”: psychology, sociology, anthropology, and philosophy. In his quest to understand the human psyche, he has studied the psychology of illusions and magic; how and why hypnosis works, cross-cultural symbolism and mythology – being an avid collector of the Arthurian dragon himself. He maintains an interest in astronomy, physics and the mysterious.

An authority in the field of personal development, Dan uses humor and a playful style in presenting his simple approach to gaining emotional control leading to a life of peak fulfillment.

For More Information: e-mail: SpeakersInfo@EmotionsRule.com or Call Now: (416) 805-4669